15th Congress of the European Society for Dermatology and Psychiatry (ESDaP 2013) 6th to 8th June 2013, Roskilde, Denmark

We cordially invite you to participate in the 15th Congress of the European Society for Dermatology and Psychiatry (ESDaP 2013) 6th to 8th June 2013 in Roskilde, Denmark. (www.esdap2013.org)

Psychodermatology is a label for the interdisciplinary forum for Dermatology, Psychiatry and Psychology.

Dermatologists are often confronted with patients who suffer from psychiatric symptoms. Epidemiologic studies have documented that 25% of dermatological patients suffer from anxiety and depression that requires specific therapeutic strategies. Stress is also a factor of significance in relation to skin diseases.

Psychologically, severe skin disease, e.g. psoriasis does not necessarily give psychosocial problems, while very discrete and hardly visible acne lesions or mild eczema may have a high impact on the patients' self esteem and body identity.

Psychiatry and psychology have a natural focus on the internal, non-visible diseases while dermatology typically focuses on the external, visible diseases. This may result in that patients with psychodermatological problems end between two fields not receiving the help they need. The optimal treatment of patients with psychodermatological diseases urges for an interdisciplinary cooperation between General Medical Practice, Dermatology, Psychology and Psychiatry.

We hope that the congress will arouse interest among all collaborators within this field.


Yours sincerely,

The Local Organization Committee for ESDaP 2013:

Solveig Esmann
MA psych/educational studies, psychomotor therapist
Dept of Dermatology, Roskilde Hospital
Health Sciences faculty, University of Copenhagen
Denmark

Michael Heidenheim
Associate professor
Dept of Dermatology, Roskilde Hospital
Health Sciences faculty, University of Copenhagen
Denmark

Gregor Jemec, MD, DMSc
Professor, Chairman
Dept of Dermatology, Roskilde Hospital
Health Sciences faculty, University of Copenhagen
Denmark